



Empowering Positive Change 3 Day Programme

CHRISTCHURCH 21, 22, 23 FEBRUARY 2023

ARRIVE 8.30AM FOR 9AM START

FINISH 4.30PM

Venue: Phillipstown Community Hub
39 Nursery Road
Phillipstown
Christchurch 8011

People are shaped by the life that they have experienced and for many, this has not always been a positive experience. We help people to remove negative aspects of their conditioning by giving them useful tools and easy-to-learn techniques. This allows their own unique positivity to emerge.

Positive thinking by itself does not achieve worthwhile and lasting changes, but by thinking the 'thought' and then by taking the right steps or action, you can achieve great success in all areas of your life.

The first and most useful step in this process is becoming aware of your own conditioned beliefs and then deciding which are no longer useful.

*"The best course I've ever done;
the most powerful, useful and life - enhancing
experience I've ever had."*

Nelson Soper presents the Empowering Positive Change 3-day programme. He has extensive experience in working with and mentoring families and individuals throughout New Zealand. He is currently facilitating nine different programmes and has delivered these throughout the country.

Nelson has presented the Empowering Positive Change 3-day programme to people from nine years old to eighty four! His presentation is informative and empowering. He will outline the tools people need to enable themselves to look at their lives from a different perspective: a perspective that will help people identify their hidden talents and potential.

- Set goals for your future
- Be happy right now
- Learn to stay focused
- Procrastination
- Avoid stress
- Clear Factual Communication
- Work Life balance
- Fear and guilt
- Organisation, time management
- Mind games
- Thinking and Acting
- Quieten the mind
- Enjoy the journey of life



Kiwi Family Trust
"Tika Kina Tika Whanau O Aotearoa"
"Helping People to Help Themselves"

P O Box 22332
Christchurch 8140

Free Phone 0508 Lifeskills
0508 543375

Email us today at barb@kiwifamilytrust.org ▶▶▶



Kiwi Family Trust

“Helping People to Help Themselves”

Application for Enrolment

Personal Details:

(Mr) (Mrs) (Miss) (Ms) _____ M / F
First Name/s and Surname _____

Contact Address _____

Telephone _____ E-mail address _____

Mobile no. _____ Age _____ Date of Birth ____ / ____ / ____

Children Yes/No How Many _____ Ages _____ Are you employed Y / N

Name of Organisation _____ Position _____

Please tick preferred programme/s below

Parenting Now and Beyond Empowering Positive Change Clear Communication Mentoring/
Life Coaching

Motivation to Attend:

What do I most want to achieve by attending the “Kiwi Family Trust” Programme?

- 1) _____
- 2) _____
- 3) _____

Health Requirements:

1. Are you receiving any kind of therapy and/or taking any kind of medication that may inhibit your ability to participate in this programme?

Details please _____

2. The course is undertaken with the understanding that the presenters are not therapists, nor are they engaged in rendering psychological or any other professional service of a medical or therapeutic nature.

Programme Costs:

Not-for-profit groups and employees, holders of a community services card, unemployed, educators of youth, pre-school teachers and carers. Free to attend above programmes. A Koha would be appreciated. There is a charge for our mentoring services.

If you do not fit the above criteria then the cost will be \$80 per day.

If the cost of attending is an issue for you, please call to discuss your position.

I agree that it is my choice to write a testimonial that can be used in promoting the Trusts' programmes either on our website or to others who would like to know more about how people have experienced the programme. Your time taken to provide this testimonial is truly appreciated.

Applicant (signature) _____ Date ____/____/____

420 St Asaph St or PO Box 22 332, Christchurch Central

Phone (03) 963 8040 Fax (03) 963 8050 or free phone 0508 Lifeskills 0508 543 375 email susan@kiwifamilytrust.org