

It's never too late to set a goal for the New Year. To make it easy we've put together a list to help:

♥ **Try Something New**

Step outside your comfort zone – challenge yourself by exploring a role you've never tried, such as tutoring adult learners, working on an environmental project or mentoring youth.

♥ **Involve your Whānau and Friends**

Make it a family affair and encourage your loved ones to join you. Volunteering together strengthens bonds while making a collective impact. You could cook meals for a community kitchen, pack food parcels or marshal at a local charity event.

♥ **Share Your Unique Skills**

Offer your talents where they're needed – design posters and graphics for a fundraiser, teach digital skills to seniors, or take photos for a charity event.

♥ **Explore Micro-Volunteering**

Short on time? Try bite-sized opportunities such as sewing items for an animal shelter, sign a petition for a cause you care about, knit a peggy square to Knit for Purpose, or participate in an online advocacy campaign.

♥ **Advocate for Volunteering**

Share the benefits of volunteering and encourage others to get involved - whether it's inviting friends to join you for a volunteer shift, promoting volunteer opportunities on your social media pages, or urging your workmates to sign up to volunteer.

♥ **Combine Volunteering with Donations**

If you're short on time, consider giving financial or material support to causes close to your heart – donate pre-loved goods to an op shop, pet supplies to an animal shelter, food items to a food bank or make a cash contribution online.

♥ **Practice Sustainability**

Get involved with park clean-ups, tree planting, or wildlife monitoring. Even op-shop volunteering contributes to sustainability by reducing waste.